



1. Choosing Your Financial Institution
2. Breakdown a Credit Score
3. Foiling Identity Theft
4. Boost Your Credit Score
5. Budgeting Basics
6. Compound Interest Mind Bend
7. Seven Co-operative Principles
8. Comparing Cards
9. Emergency Fund Boot Camp
10. Leasing vs. Buying a New Car
11. Living On Your Own
12. Common Money Beliefs
13. Loan Basics
14. Investment Vehicles
15. Know Your Checking Account
16. Predatory Lending
17. Understanding Inflation
18. Intro to Insurance
19. How to Save on Groceries
20. Demystifying Mortgages
21. Organizing Finances
22. Rule of 72
23. Earning Money Online
24. Good vs. Bad Spending
25. Income Essentials
26. Student Loans 101
27. Trends in the Stock Market
28. Buying a Used Car
29. Saving for Retirement
30. Acing the Job Interview
31. How to Spot Scams
32. Let's Talk Taxes
33. After Grad: Work or College?
34. Growing Your Money Locally
35. Using Your Credit Card
36. Pay Yourself First
37. Strategies for Debt Repayment
38. How to Save on Tuition

Personal Finance

Budgeting Basics [5]

- Budgeting misconceptions
- Budgeting best practices

Common Money Beliefs [12]

- How you relate to money
- Identifying your money persona

Know your Checking Account [15]

- Overdraft protection
- Avoiding fees
- Balancing a checkbook

Organizing Finances [21]

- Retaining documents
- Timeline for tossing
- Safety and security

Good vs. Bad Spending [24]

- Align spending with values
- Find a tracking system
- Celebrate and reward yourself

Saving

Emergency Fund Boot Camp [9]

- Fund Purpose
- Building your fund
- Calculating your goal

Pay Yourself First [36]

- Benefits and how it works
- Automating Savings

Financial Services

Choosing Your Financial Institution [1]

- Banks vs. credit unions
- How to access your money
- Comparing fees, savings yields, and more

Co-operative Principles [7]

- History of credit unions
- 7 cooperative principles

Life after High School

Living on Your Own [11]

- Building a budget
- Calculating what you can afford
- Saving and preparing for change

After Grad: Work or College? [33]

- Comparing options
- Surpassing obstacles
- Finding your way

Buying a Car

Leasing vs. Buying a New Car [10]

- Basics of leasing and financing
- Pros and cons
- Pricing it out

Buying a Used Car [28]

- Benefits of buying used
- Evaluating car options
- Private seller vs. dealer

Investing

Compound Interest Mind Bend [6]

- Effects of compound interest
- Benefits of saving early
- Tips for maximizing returns

Investment Vehicles [14]

- Risk and return
- Stocks, bonds, and mutual funds
- Financial advisors

Understanding Inflation [17]

- Effects of inflation
- Consumer Price Index
- Keeping up with inflation

Rule of 72 [22]

- How to calculate
- Comparing the math

Trends in the Stock Market [27]

- Bull markets
- Bear markets
- Capitalizing on trends

Saving for Retirement [29]

- Long-term goals
- Retirement savings options
- Saving strategies



Insurance and Taxes

Intro to Insurance [18]

- Types of insurance
- How insurance works
- Factors that influence premiums

Let's Talk Taxes [19]

- Interpreting a paycheck
- Understanding withholdings
- Voluntary deductions

Credit Scores

Breakdown a Credit Score [2]

- Credit score components
- Why credit scores are important
- Obtaining and monitoring score

Boost Your Credit Score [4]

- Getting started
- Building credit
- Monitoring your credit

The Plastics

Comparing Cards [8]

- Pros and cons of debt, credit, and prepaid cards
- Approvals, fees, and rewards
- Keeping up with your cards

Using Your Credit Card [35]

- Perks of paying on time & in full
- Understanding your billing cycle

Loans

Loan Basics [13]

- Loan types and vocabulary
- Qualifying for lower rates
- Secured vs. unsecured loans
- Fixed vs. variable interest rates

Predatory Lending [16]

- Forms of predatory lending
- Warning signs
- Understanding APR

Demystifying Mortgages [20]

- Understanding APR
- Fixed-rate vs. adjustable-rate
- Mortgage repayment

Strategies for Debt Repayment [37]

- Organizing debt
- Choosing a strategy

Paying for College

Student Loans 101 [26]

- Federal vs. private
- Interest and repayment
- Financial Services

How to Save on Tuition [38]

- Finding scholarships
- Saving and earning money
- Minimizing borrowing

Income and Careers

Earning Money Online [23]

- How to sell your stuff
- Freelance work
- Earning money for your thoughts

Income Essentials [25]

- Factors that influence careers
- How education affects income
- Improving income prospects

Acing the Job Interview [30]

- Preparing for an interview
- Top 5 interview questions
- Confidence boosters

Consumer Protection

Foiling Identity Theft [3]

- Safeguarding your information
- 5 Identity Theft Jackpots

How to Spot Scams [31]

- Recognizing warning signs
- Types of scams
- Reporting scams



Essentials

How to Save on Groceries [19]

- Psychology of spending
- Coupons and ways to save
- Tools for shopping smart

Growing Your Money Locally [34]

- Reasons to think local
- Businesses impact communities
- Supporting local businesses

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